



# FAMILY CAMP

## Monday, July 4

2:00 – 5:00 PM	Registration (Jolly Dining Hall)
5:00 PM	Dinner
7:00 PM	Evening Session* (Barnes)
8:00 – 8:30 PM	Childcare and Youth Program Pick Up
8:30 PM	Greatest Game Ever (Big Ball Field)
9:30 PM	Ice Cream Social at Shep Town
10:00 PM	Night Owl
	HS – Battleball/MS – Water Polo at Pool

## Tuesday, July 5

7:30 AM	Prayer (Robeson) & Coffee Available**
8:00 AM	Breakfast
9:15 – 9:45 AM	Child Care & Youth Program Drop Off
10:00 AM	Turf Challenge (Big Ball Field)
11:00 AM	Free Time
11:30 – 12:00 PM	Childcare & Youth Program Pick Up
12:00 PM	Lunch
1:00 – 3:30 PM	Free Time – Lake, Haven, Soda Shoppe, Chuck Wagon
3:30 PM	Climbing Tower (Big Ball Field)
5:00 PM	Dinner
7:00 PM	Evening Session* (Barnes)
8:00 – 8:30 PM	Childcare & Youth Program Pick Up
8:30 PM	Red Light, No Light (Big Ball Field)
9:30 PM	Snack (Big Ball Field)
10:00 PM	Night Owl
	HS- Campout at Mudgeville/MS – Floor Hockey

## Wednesday, July 6

7:30 AM	Prayer (Robeson) & Coffee Available**
8:00 AM	Breakfast
9:15 – 9:45 AM	Child Care & Youth Program Drop Off
10:00 AM	Bubble Soccer (South Rec)
11:00 AM	Free Time
11:30 – 12:00 PM	Childcare & Youth Program Pick Up
12:00 PM	Lunch
1:00 – 2:30 PM	Free Time–Lake, Pool, Haven, Soda Shoppe
2:30 PM	South Rec Day – Slip n’ Slide, Field Games, Soccer Golf, Chuck Wagon
5:00 PM	Dinner
7:00 PM	Evening Session* (Barnes)
8:00 – 8:30 PM	Childcare & Youth Program Pick Up

8:30 – 9:30 PM	Mission Impossible (Big Ball Field) -Family Friendly Version at 8:30 PM -Camp version at 9:00 PM
9:30 PM	Snack (Big Ball Field)
10:00 PM	Night Owl – Board Games at Jolly

## Thursday, July 7

7:30 AM	Prayer (Robeson) & Coffee Available**
8:00 AM	Breakfast
9:15 – 9:45 AM	Child Care & Youth Program Drop Off
10:00 AM	Marksmanship (Mudgeville)
11:00 AM	Free Time
11:30 – 12:00 PM	Childcare & Youth Program Pick Up
12:00 PM	Lunch
1:00 – 3:30 PM	Free Time – Lake, Haven, Soda Shoppe, Chuck Wagon
3:30 PM	Paintball/High Falls & Keyes Summit Hike
5:00 PM	Dinner
7:00 PM	Evening Session* (Barnes)
8:00 – 8:30 PM	Childcare & Youth Program Pick Up
8:30 PM	Skit Night (Barnes)
9:30 PM	Snack (Barnes)
10:00 PM	Night Owl
	HS – Water Polo at Pool/MS– Battleball

## Friday, July 8

7:00 & 7:15 AM	Invitational Run @ 7, Fun Run @ 7:15
7:30 AM	Prayer (Robeson) & Coffee Available**
8:00 AM	Breakfast
9:15 – 9:45 AM	Child Care & Youth Program Drop Off
10:00 AM	Juggernaut (Big Ball Field)
11:00 AM	Free Time
11:30 – 12:00 PM	Childcare and Youth Program Pick Up
12:00 PM	Lunch
1:00 – 3:30 PM	Free Time – Lake, Haven, Soda Shoppe, Chuck Wagon
3:30 PM	Paintball/West Trek Hike
5:00 PM	Dinner
7:00 PM	Evening Session* (Barnes)
8:00 – 8:30 PM	Childcare & Youth Program Pick Up
8:30 PM	Barnes Party
9:30 PM	Snack
10:00 PM	Night Owl
	HS – Floor Hockey/MS – Game Room Time

## Saturday, July 9

8:00 - 9:00 AM	Breakfast Available
9:00 AM	Departure

Activity	Explanation	Age/Skill	Notes
<b>Red Light, No Light</b>	This is play on Red Light, Green Light! When you're frozen, parents and staff try to make you laugh, move, or smile to get you out!	All	
<b>Barnes Party</b>	Hoedown style event with our token dances and some classics to get everyone grooving on the last night of camp!	All	Hoedown themed clothing encouraged!
<b>Fun Run</b>	This is a 1-mile loop. Whether running, walking, pushing strollers – all are welcome to participate.	All (the smaller children should stay close to an attentive parent)	
<b>Greatest Game Ever Played</b>	A silly and messy organized chaos game involving shaving cream, water balloons, and other fun props.	All	Showers available on the field after the game. Wear clothes you don't mind getting dirty!
<b>West Trek Hike</b>	Starting/ending at the Lake – Easy Street to High Falls to Little Creek to West Trek to Iverson Spur	Smaller children should stay close to an attentive parent	The trails right around the falls are steep and narrow. Please be mindful of shoe selection.
<b>Juggernaut</b>	Volleyball with Giant yoga balls in the air that take team effort to catch.	Smaller children should stay close to an attentive parent	
<b>Mission Impossible</b>	A large/dramatic game of tag with the Ridge Haven staff. Participants try to get from their base to the climbing tower and back without being caught.	Parents should stay close to children and assist them.	This game is played at night with heavy theatrics (loud music, etc.) Our staff will be dressed in camo and seek to be age appropriate in their "chasing". Wear closed toed shoes.
<b>Night Owl</b>	Teenager activities facilitated by our summer staff	13 - 18 years old's	
<b>Paintball</b>	Played on our low ropes course	6 <sup>th</sup> grade and up	We have camo available for participants to use (a limited supply of L/XL)
<b>Skit Night</b>	Families will sign up if they wish to perform a 2-3-minute skit on the last night of camp! Families (or members of families) may also choose to be an "extra" in a RH skit!	All	Random props will be available the night of. You can select props when you are "on deck" before performing!
<b>West Trek Hike</b>	Starting/ending at the Lake – Easy Street to High Falls to Little Creek to West Trek to Iverson Spur	Smaller children should stay close to an attentive parent	The trails right around the falls are steep and narrow. Please be mindful of shoe selection.
<b>Lake &amp; Pool</b>	Pool and Lake are "swim at your own risk" and children under 15 must be accompanied by an adult	Smaller children should stay close to an attentive parent	Life preservers must be worn in the lake at all times. The lake closes at dusk.