



PROVIDED OVER-THE-COUNTER (OTC) MEDICATIONS

Here at Ridge Haven we want to make sure that your camper has the best experience possible. We know that minor events may happen and your camper may need to see the nurse for various reasons. We will provide the following medications and, with your permission, will administer them to your camper should the need arise. Provided OTC Medications include:

Acetaminophen (Tylenol) – Child and Adult

Ibuprofen (Motrin) – Child and Adult

Diphenhydramine (Benadryl) – Child, Adult and Gel form

Pepto Bismol (or equivalent) – Child and Adult

Calcium carbonate (Tums - or equivalent)

Cetirizine (Zyrtec - or equivalent)

Senna (stool softener - or equivalent)

Hydrocortisone (or equivalent)

Antibiotic ointment

******If your child is not able to have one of the above medications please make sure you address this in your medical registration information.***